

Our programs make a *big* difference for people during difficult times in their lives.

*Our clients come from all faiths, age groups and economic backgrounds.*

## 2015 Update

### Behavioral Health Care

#### *A healthy future for the whole community*

Jewish Family & Children's Services of Southern Arizona has transformed the ways in which we deliver behavioral healthcare to the community. Our new leadership team is focused on connecting the growing need for expert and compassionate care, with service delivery that meets people where they are. JFCS recognizes that wellbeing includes physical and mental health, and is committed to supporting people of all ages with quality behavioral health services during vulnerable times in their lives. This is the mission at JFCS, historically and into the future.

#### **Expert & Compassionate Counseling Services**

Because we've expanded our capacity to provide services, our client base continues to grow. JFCS now partners directly with Cenpatico, the new, regional behavioral health authority. We work with all major private insurance plans, Medicare Advantage plans, health exchange plans, and the State's AHCCCS insurance plan. We're able to treat people paying out-of-pocket, and offer a sliding-fee scale for those with low incomes and the underinsured. We plan to continue expanding our capacity by adding additional service locations in Southern Arizona.

#### **Specialized Trauma Services: Project Safe Place**

JFCS is a recognized leader in trauma services. New funding sources allow us to expand the range of clients we serve. In addition to serving children ages 3-17 who have suffered from sexual abuse and/or other types of trauma, Project Safe Place now supports children and young adults, including males, ages 11-24 who are survivors of domestic, dating or sexual violence or those who are victims of stalking.

### Counseling & Community Services: Expanding Partnerships

#### *With the whole community*

**The Greater Tucson Fire Foundation** links emergency first responders—fire, police, dispatch and emergency medical service personnel—and their families with JFCS behavioral health professionals who provide care within 24 hours. Firefighters and EMS professionals are often reluctant to ask for help—especially when it involves job-related issues that lead to post-traumatic stress. Like others in the community, they also may require help with other life issues such as depression, substance abuse, or family and financial issues.

**The Emerge Center Against Domestic Abuse** refers clients who are currently in their shelter system to JFCS for specialized therapy services.

#### *With our Jewish community*

##### **Synagogues**

JFCS is listening closely to the needs of congregations in the greater Tucson area, providing on-site counseling services and organizing educational workshops around their needs.

##### **Tucson Hebrew Academy**

The on-site counseling program is a collaboration with Jewish Family & Children's Services, which is expanding its off-site services to schools and synagogues.

##### **Other Jewish-Based Organizations**

We are part of ongoing dialogues with leadership teams from other Jewish organizations to determine how JFCS can better be of service.



Jewish Family &  
Children's Services  
OF SOUTHERN ARIZONA

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*JFCS is a not-for-profit agency guided by Jewish values. Our staff provides integrated behavioral health care and social services to people of all faiths, age groups and all economic backgrounds, regardless of their ability to pay.*