



JFCS 
of Southern Arizona
JEWISH FAMILY & CHILDREN'S SERVICES

2022
Annual Report

Our Mission

We help all people meet their full potential by providing expert community and behavioral health services.

Our Vision

We aspire to empower all people to overcome challenges, contribute to the community, and feel respected and valued.

Our Values

We are guided by the Jewish values of healing the world (tikkun olam) with loving kindness (chesed) as we strive to make the world a more just place for all (tzedek).

Board of Directors and Leadership Staff

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 Jessica E. Mattix, MA, Director of Marketing and Communications
 Jacqueline Moreno, Director of Divorce Recovery Services
 Vicki Moses, Ph.D., Director of Development
 Kara Wiesmann, LBSW, CFSW, Director of Older Adult & Community Services

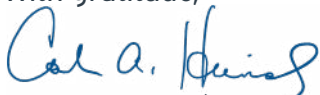
To the Community

As we compiled this annual report, we found ourselves proud to share the impact and breadth of our services and humbled by the interconnectedness of this community as we work together to heal the world through loving kindness. Our agency has never been stronger, and we continue to grow as we increase the number of people we serve and the programs we offer. Our growth has been intentional: a response to the voices of our clients and needs in our community. We strive to address concerns facing many among us, through access to mental health services, refugee resettlement, care management for vulnerable Jewish older adults, services for those facing housing insecurity and financial crises, and more. Trauma-informed care is the cornerstone of our services, and we continue to build on our longstanding expertise in strengths-based, effective services.

As this annual report attests, JFCS made a large impact in our community over the last year. Our flagship programming continues to thrive, such as Project Safe Place (that provides no-cost counseling for those who have experienced crimes) and our services for Holocaust survivors. After many years on hold, our refugee resettlement services are expanding rapidly, welcoming refugees from around the world in search of safety and opportunity here in Tucson. New services highlight our expertise and our community connections. Our counseling for birth-to-five children and their parents and caregivers, in collaboration with Family Drug Court, provides services to families with unique challenges. The newly established Spanish-language Divorce Recovery program, an initiative with the YWCA, has increased the reach to families and children struggling with divorce and separation. The Step Up with Kindness group at Homer Davis works with 5th and 6th graders in the afterschool program to build empathy and decrease bullying in the school. Our services cover a breadth of community needs through a range of programming, but each of these programs aligns with JFCS's mission to make the world a more just place for all. As we continue to grow, we reflect on the reach of our work and the positive changes in the lives we touch.

These accomplishments would not be possible in isolation. The dedication of our staff is at the heart of our services. Our donors and supporters enable us to provide expert services to an increasing number of individuals each year. Our board members are active and involved, carrying our mission forward. We are grateful to receive the robust and continued support from and partnership with other Tucson Jewish agencies, especially Jewish Philanthropies of Southern Arizona. We thank our clients for trusting us to help them meet their goals when they are facing profound difficulties. JFCS is committed to programming that benefits the people of Southern Arizona. Thank you for helping us continue to build our community.

With gratitude,



Carlos A. Hernández, DSW, LCSW, CPHQ
President & CEO



Ken Goodman
Chair, Board of Directors



Counseling and Mental Health

“I would not have survived the past few years without JFCS. After having lost my son, I was dealing with grief on top of trying to navigate everyday life stressors. I have gotten help in every area, such as health, home, and trauma. Overwhelmed and alone, I have found solace, support, and guidance from JFCS in every situation. They have shown such grace and kindness during this. Thank you.”

JFCS’s licensed clinicians provide counseling support to individuals of all ages and backgrounds. We are proud to serve the most vulnerable populations in our community, including children, LGBTQIA+, victims of crime, and survivors of domestic violence. Our services directly address the needs of the community we serve.

- Individual, couples, and family counseling
- In-person services
- Teletherapy
- Group therapy and support groups
- Trauma-focused treatment
- Parent-child therapy for families with children ages birth to five
- Play therapy
- Training and psychoeducational workshops
- LGBTQIA+ teen support groups
- School anti-bullying groups

2022 FISCAL YEAR:

1,580+
CLIENTS SERVED

22,200+
HOURS OF
COUNSELING

82%
OF CLIENTS WERE
LOW-INCOME



Older Adult Services

“I am recently retired, and the apartment complex I lived in increased the rent considerably last year, making it completely unaffordable. I am so grateful to JFCS for helping me apply for Senior Subsidized Housing over the past year and for providing ongoing support and resources to keep me safe and financially stable. Thanks to JFCS I was able to move into a new apartment that I can afford.”

The myriad of programs JFCS offers through Older Adult Services reflect the respect we have for our aging community and the care we take to honor their dignity, remove stressors from their lives, and help them remain in their homes as long as possible. One of JFCS’s historic programs is services for Holocaust Survivors who not only receive services, but in return provide invaluable insight and education to several generations of Tucsonans.

- Care management
- Case management
- Services for Holocaust Survivors
- Ethical Wills
- Durable medical equipment
- Companionship
- Fiduciary services

2022 FISCAL YEAR:

802

OLDER ADULTS
SERVED

35%

OF AGENCY CLIENTS
WERE OLDER ADULTS

5,080+

SERVICES PROVIDED
TO OLDER ADULTS



Programs for the Jewish Community

“When I was released from the hospital after surgery, JFCS’s Jewish Elder Access helped me get health home care, which made all the difference as I was recovering. JFCS also helped me get the equipment I needed to be safe around the house. I really appreciate JFCS for providing medical equipment to me at no cost, my mobility is so improved.”

Our programs for the Jewish community provide a range of services to Jewish individuals in need. From cancer support to services for Holocaust Survivors to family counseling, JFCS is dedicated to empowering Jewish people across Southern Arizona.

- Jewish Elder Access
- Holiday Programs (Matza & More, Mitzva Magic, Kosher Turkeys)
- Trusted Advisors Program
- Jewish Emergency Financial Assistance
- Services for Holocaust Survivors
- CHAI Circle cancer support group
- LEAH support group for victims of domestic violence
- Counseling for children and families at the Tucson Hebrew Academy
- Community and behavioral health services to synagogue members

2022 FISCAL YEAR:

638

JEWISH
INDIVIDUALS SERVED

4,155

SERVICES PROVIDED TO
JEWISH INDIVIDUALS

82,184

HOURS OF HOMECARE FOR
HOLOCAUST SURVIVORS
PROVIDED ACROSS THE STATE



Refugee Services

“In 2021, when the Taliban took control over Afghanistan, I fled with my husband and two children to the U.S. and arrived in Tucson in December of 2022. Upon arrival, my family was greeted with open arms by JFCS Refugee Resettlement staff who helped me find housing. Now, with the opportunity to create a new life in America, I look forward to completing an industrial sewing certificate and getting a job in that industry. I want to open my own business and make and sell traditional Afghan clothing for the Afghan refugees living in Tucson.”

JFCS offers full-service refugee resettlement to newly arriving people from all over the world. Our partnership with HIAS, the global Jewish organization for refugees, is now in its second year. This program helps ensure that people have the tools and resources necessary for success in their new communities.

- Refugee Resettlement
- Afghan Placement and Assistance
- Assistance to Ukrainians fleeing war
- Intensive case management for the medically fragile and others with critical needs
- Employment support for financial self-sufficiency
 - Financial literacy training
 - Digital literacy training
 - Resume building
 - Mock job interviews
 - Transportation assistance

2022 FISCAL YEAR:

150+
REFUGEES

73%
OF EMPLOYABLE
REFUGEES
SECURED JOBS

100%
OF REFUGEE CHILDREN
ENROLLED IN SCHOOL



Divorce Recovery



“When my husband and I separated after 20 years of marriage, my therapist recommended I join a Divorce Recovery group which turned out to be an extremely valuable experience. I am grateful to my therapist for recommending it, and I am grateful to the Divorce Recovery group leader for providing a safe space to share. I look forward to ongoing opportunities to engage with this group—it has been a blessing.”

JFCS’s Divorce Recovery program has operated volunteer-led support groups for over 40 years. It is a testament to the value of the programs and volunteers that clients are now becoming volunteers themselves, helping those currently facing the emotional and fiscal realities of life after divorce or separation.

- Divorce Recovery I and Divorce Recovery II weekly group sessions
- Children of Divorce and Changing Families Support Groups
- Financial First Aid
- Education for Life

2022 FISCAL YEAR:

125

ADULTS AND
CHILDREN SERVED

18

SUPPORT GROUP
SESSIONS

210

SUPPORT GROUP
HOURS



Financial Wellness

“When I was struggling financially because I couldn’t work for a few weeks due to COVID-19 and my rent had gone up, JFCS’s Financial Wellness program really helped me through it. They were able to assist me with one month of rent, which significantly reduced my stress and provided me with the opportunity to save some money in my crisis fund for future needs. I have since graduated from the Financial Wellness program, and I definitely understand finances better and feel more comfortable managing my own finances.”

JFCS remained committed to serving the most economically disadvantaged people in our community. In fact, we distributed more than \$170,000 in direct aid in the past fiscal year, ensuring that our clients kept roofs overhead and food on the table, in addition to helping grow their financial literacy to support stability into the future.

Financial Wellness programming offers case management, direct financial assistance, and financial literacy resources to holistically improve financial outlooks for the most vulnerable people in our community.

- Curriculum-based financial wellness and coaching
- Rent and mortgage assistance
- Utility assistance
- Grocery shopping assistance

2022 FISCAL YEAR:

\$170,563

**IN RENTAL, GROCERY,
AND UTILITY ASSISTANCE**

66%

**OF ASSISTANCE WENT
TO JEWISH INDIVIDUALS**

130

**HOURS OF FINANCIAL
WELLNESS COACHING**



Child Abuse and Neglect Prevention

“The Family Connections person visited me every week to help me be a better parent and help my family. She taught me how domestic violence affects my child, and I’m better able to cope with everyday life. Since working with the Family Connections program, I have learned how to manage my stress and now have housing and a stable job. I’m on track to get custody of my child back, and I feel like I will be able to live a happy and successful life.”

The goals of our child abuse and neglect prevention programs are to create new patterns of behavior and healthy habits that allow family stability and reunification. Our services for children and families use a change-focused intervention model to improve the well-being of children and families.

- In-home behavioral intervention for families involved with the Department of Child Safety
- Curriculum-based parenting skills and coaching for parents
- Therapy for children ages birth to five and parents involved with Family Drug Court

2022 FISCAL YEAR:

330

VULNERABLE
CHILDREN REFERRED

194

FAMILIES SERVED

2,137

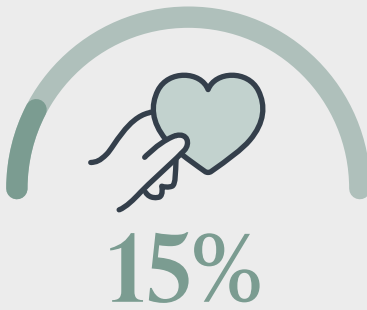
HOME VISITS AND
OTHER SERVICES

Financial Highlights 2022

Where Our Funding Comes From



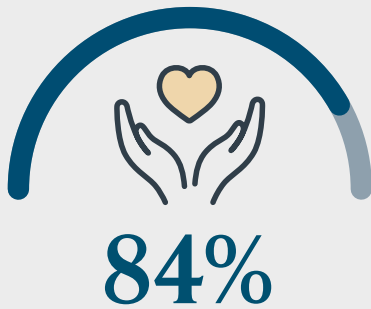
of funding comes from grants and contracts



of funding comes from donations

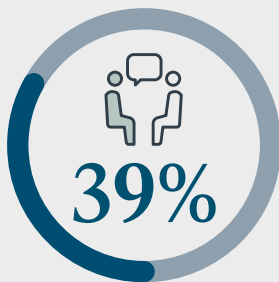
- Grants & Contracts \$6,162,412
- Donations \$1,119,843
- Other Revenue \$90,990

How We Use Our Resources

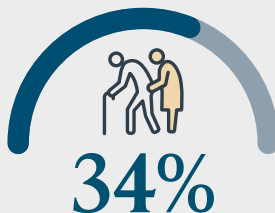


of our funding goes toward our services

- Services - \$6,222,978
- Administrative Support - \$938,286
- Marketing & Development - \$224,635



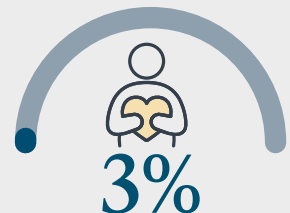
Behavioral Health Counseling



Older Adult Services

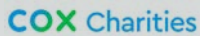


Refugee Services



Community Services

Thank you to our partners for making our work possible.



JFCS is a proud partner of Jewish Philanthropies of Southern Arizona



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