



2025 Annual Report

Introduction

Mission

JFCS helps all people meet their full potential by providing expert community and behavioral health services.

Vision

We aspire to empower all people to overcome challenges, contribute to the community, and feel respected and valued.

Values

We are guided by the Jewish values of healing the world (tikkun olam with loving kindness (chesed) as we strive to make the world a more just place for all (tzedek).



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A Message from the Interim CEO

Dear Friends,

As Interim CEO for the last five months, it has been an honor to step into this role and work alongside such exceptionally dedicated and caring staff. Every day, I am inspired by the compassion, professionalism, and unwavering commitment our team brings to the individuals and families we serve. Their resilience and heart are the foundation of everything JFCS accomplishes.

Like many nonprofits, we have navigated significant fiscal challenges during these uncertain times. Yet, thanks to thoughtful stewardship, strong community partnerships, and the tireless efforts of our staff, we have continued to deliver high-quality services and support where it is needed most. Our ability to adapt, innovate, and stay focused on our mission has positioned us well for the future.

As we look ahead to celebrating our 85th anniversary next year, we do so with pride in our legacy and confidence in our direction. JFCS stands strong today, ready to build on decades of compassionate service and prepared to meet the evolving needs of our community. I am deeply grateful for everyone who contributes to this work and excited for what lies ahead.

Thank you for your support of the JFCS mission!

Eric Schindler, Ph.D.
Interim Chief Executive Officer



In 2025, JFCS of Southern Arizona brought hope and care to over 2,000 individuals, supporting and empowering the community through community programs and counseling services. People from all backgrounds and every stage of life benefited from this work, reflecting a hopeful future and the enduring strength of a community coming together to lift one another up.

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Counseling Services

998
clients provided with
mental health services

12,071
hours of counseling
provided

23%
survivors
of crime

48%
low-
income

JFCS provides expert behavioral health services to individuals of all ages and backgrounds throughout Arizona. Our clinicians utilize a person-centered, trauma-informed approach, providing compassionate counseling support to individuals online or in person. By serving some of our community's most vulnerable populations, including children, LGBTQIA+, survivors of crime and domestic violence, we help individuals and families in our community meet their full potential.

- Individual, couples, and family counseling
- In-person services
- Teletherapy
- Group therapy
- Trauma-focused treatment
- Parent-child therapy for families with
- Play therapy
- Training and psychoeducational workshops
- LGBTQIA+ affirming therapy
- School anti-bullying groups



Clients have consistently benefited from these services, with 90% of survey respondents sharing that JFCS has helped them deal with life. Additionally, the approach used at JFCS is clearly appreciated, with 93% of respondents reporting both feeling involved in treatment decisions and that they would recommend JFCS.

Community Services

In addition to counseling & mental health services, JFCS of Southern Arizona empowers people of all ages to reach their full potential through responsive community services that meet people where they are. Community services at JFCS strive to respond to the current and greatest needs of the Tucson community. Current services include Financial Wellness, Older Adult Services, Divorce Recovery, Family Connects – Child Abuse and Neglect Prevention Services, Youth Wellness Programs, and Jewish Programs and Services.



FINANCIAL WELLNESS

\$794,059

in rental, grocery, and utility assistance

630

clients received emergency financial assistance

10

received financial wellness coaching

Established in July 2021, the Financial Wellness Program (FW) uses a holistic approach to improve financial outcomes for low-income individuals.

Step #1: Any immediate financial crisis is eliminated by offering flexible Emergency Financial Assistance (EFA) and access to the JFCS hygiene pantry.

Step #2: Our licensed financial social worker follows up and empowers clients to break cycles of poverty by enrolling them in a one-on-one session to identify any quick fixes to their financial situation, assess financial literacy, set goals, and receive resources for additional support.

Step #3: We offer curriculum-based financial resources, group classes, case management, and site visits.

Throughout this process, clients are connected to other behavioral and social resources within JFCS as needed. We also collaborate closely with community organizations to provide services and ensure that clients continue to have access to the support they need.



A single mother with two children was referred to JFCS by a Tucson Unified School District (TUSD) social worker after experiencing job loss and falling behind on rent. JFCS provided emergency financial assistance to help stabilize the family's housing and supported her through our Financial Wellness program for budgeting support and long-term planning. This collaborative effort ensured immediate stability while supporting the family's emotional and financial resilience.



OLDER ADULT SERVICES

291
older adults
served

1,688
services provided to
older adults

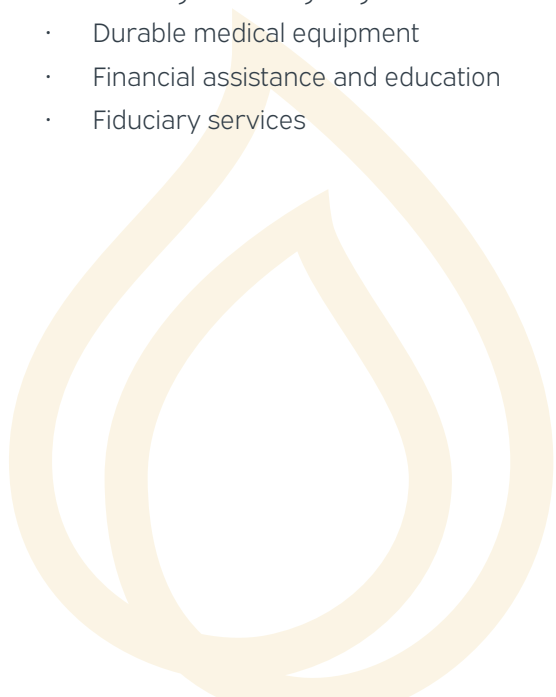
\$38,218
durable medical
equipment provided

JFCS's older adult services are centered around helping the aging community by connecting clients with supportive services. By providing a multitude of services, from case management, financial assistance, and durable medical equipment to programs designed to combat social isolation, we empower older adults to live well at home and continue participating in our community.

- Case management
- Housing and caregiving referrals
- Durable medical equipment
- Financial assistance and education
- Fiduciary services



An older adult client was referred through Pima Council on Aging for assistance with home safety. JFCS provided a home safety assessment through our HoME Durable Medical Equipment program, ordered the necessary equipment through MedTech, and referred the client to a local contractor to install grab bars. As a result, the client was able to safely age in place, maintaining independence and quality of life.



Community Services



DIVORCE RECOVERY

48
individuals
served

10
support
groups

2
group facilitator
trainings

Divorce Recovery has been serving the local Tucson community for over 40 years. For those going through a divorce or separation, the program offers volunteered support groups by those who have experienced the trauma and challenges of divorce themselves. The ending of a relationship often causes emotional stress, anxiety, loneliness, and financial strain. The support that the Divorce Recovery program offers to those facing the realities of life after divorce or separation is crucial for healing and processing this transition journey. Our family group gives children a voice and reaffirms their feelings, and our adult groups help combat loneliness by giving a sense of community and hope for the future.

- Divorce Recovery I and Divorce Recovery II group sessions
- Children of Divorce and Changing Families Support Groups



"These people that were thrown together by such a terrible action, became friends. A horrible deed thrust upon them and we all got through it, some faster than others, but eventually did. Divorce Recovery offered us the tools to use to help us in our Transition Journey, overcoming our fears, building our self-esteem, setting boundaries, and for some of us, even forgiving. Just the act of talking to other people, rather than relying on family and friends, was a huge relief."



FAMILY CONNECTIONS – CHILD ABUSE AND NEGLECT PREVENTION SERVICES

95
families
served

151
children
served

1,121
direct
services

863
home
visits

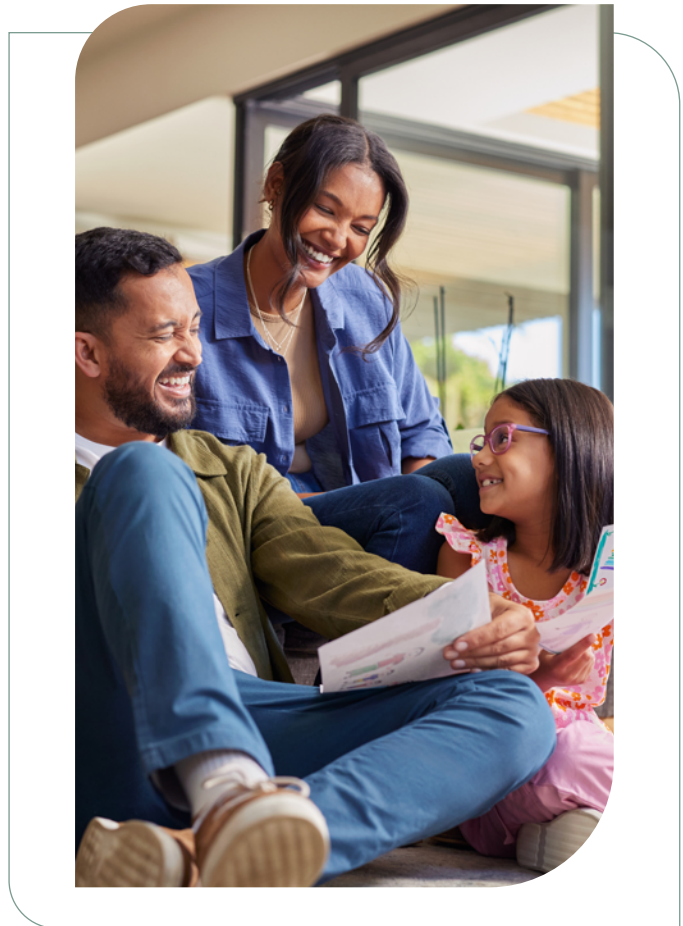
24
completed
the program

Family Connections (FC) is a multi-faceted, community-based, in-home service that supports vulnerable families to help them meet the basic needs of their children, prevent child maltreatment, abuse, and neglect as well as eliminate danger.

Other goals of FC include:

- Strengthen parental capabilities and protective capacities
- Serve families in their neighborhood
- Reduce the likelihood of out-of-home care/removal
- Reduce subsequent reports of abuse or neglect by decreasing risk factors
- Support to meet Case Plan requirements to reduce time in out-of-home care
- Reduce the rate of subsequent removal after reunification
- Promote permanency, safety and well-being

The Family Connects Program is funded by the Arizona Department of Child Services, and Service Authorizations are assigned by the ADCS Centralized Referral Units.



Community Services



YOUTH WELLNESS PROGRAMS

75
youth served

42
lessons

JFCS is increasing services aimed at supporting Tucson youth. These programs provide preventative services to empower youth to grow to their full potential and navigate life challenges.



TUCSON HEBREW ACADEMY PROGRAM (THA) SCHOOL COUNSELING PROGRAM

Revitalized in August 2025, the THA School Counseling Program provides Social Emotional Learning (SEL) for youth at Tucson Hebrew Academy. A JFCS Youth Counselor is at the Tucson Hebrew Academy three days of the week providing services.

- Whole-class SEL lessons weekly
- Small groups for skill development
- Individual support
- Input with Child Study Team

DO ONE MORE THING (JEWISHLY) INITIATIVE

Tucson's pre-teens and teens face an ever-challenging mental health landscape as they navigate middle and high school. To meet the increasing need for youth behavioral health services and education, the Do One More Thing (Jewishly) initiative was launched in 2025 by Jonathan Oleisky. This initiative is the basis for a program that will serve as a first-line community resource for youth behavioral health services and education. Named in honor of the late Rabbi Arthur R. Oleisky (z"l) who was a strong advocate for enhanced pre-teen and teen Jewish programming and engagement, this program is being designed and then piloted in youth groups in synagogues in 2026. As it moves out of the design and pilot stages, the vision is for this program to serve the greater Tucson community.

- Peer-to-peer mental health support training
- Bullying prevention
- Evidence-based methods
- Addresses barriers to support
 - Stigma
 - Lack of education and awareness
 - How to start & continue conversations about wellness



JEWISH PROGRAMS & SERVICES

300+

Jewish individuals
served

1,400+

services provided through
Jewish programming

100+

families supported
during Jewish holidays

At JFCS, we are proud to offer a range of programs and services specifically designed to support and strengthen the Jewish community. Our work includes providing emergency financial assistance, care coordination, and case management, as well as creating meaningful opportunities for connection, education, and holiday support. Through strong partnerships with organizations such as JPSA, the JCC, Anshei Israel, and Handmaker, we are able to extend our reach and ensure individuals and families across the community are supported with dignity, compassion, and respect. In response to ongoing community feedback identifying food insecurity as a growing need, we are also actively pursuing funding to launch a Jewish Grocery Assistance program utilizing Fry's grocery cards.

- Program to support Jewish women
- Jewish holiday programs
- Jewish financial assistance
- Jewish elder support



Holocaust Survivors



36

local Holocaust
Survivors
Served

51,227

hours of homecare
provided to local
Holocaust Survivors

37

regional Holocaust
Survivors
Served

36,273

hours of homecare
provided to regional
Holocaust Survivors

One of JFCS's hallmark programs is our services for Holocaust Survivors, who not only receive support, but also share their experience and wisdom to enrich the lives of those in Southern Arizona. The JFCS Holocaust Survivors program provides multiple services for Holocaust Survivors in Southern Arizona, enabling them to live independently with comfort and dignity.

Services

- Case management
- Homecare
- Transportation

Social Opportunities

- Weekly group meetings
- Socialization events and holiday celebrations

Financial Assistance

- Medical and dental bills not covered by insurance
- Medication co-pays
- Supplemental gift cards for food
- Utility bills
- Incontinence supplies to maintain late-age dignity
- Medical equipment



Holocaust Survivor Stories

To raise awareness of the Nazi atrocities that took place in the former Soviet Union, Program Director Raisa Moroz maintains a collection of Local Holocaust Survivors' Stories on our website. Visit jfcstucson.org/holocaust-survivor-stories to learn more.

SASIC Successfully Concludes

Celebrating the Impact of the JFCS SASIC Program

JFCS Services to Afghan Survivors Impacted by Combat (SASIC) program was a mental health initiative designed to support Afghan individuals and families who arrived in the United States after 2021 and have been affected by the impact of war and displacement. Many of the people served through this program worked alongside U.S. forces or supported the U.S. government in Afghanistan. JFCS was selected as one of only 24 organizations nationwide to carry out this important work. The three-year program was funded by the U.S. Department of Health and Human Services through the Office of Refugee Resettlement and has come to a close. We are proud to share the meaningful impact it has had on our community.

SHARING MEASURABLE PROGRESS AND IMPACT

260
clients served

10,418
clients services provided

316
therapy sessions

Client Testimonials

“What they do is good. I’ve learned a lot. For example, the financial and economic course they provided was great, and in the same way the mental health course was good. I am very satisfied with their training.”

“Yes, I wanted to tell you that I am very satisfied. This program is really great, and their psychology workers have been very helpful to me.”

STRENGTHENING COMMUNITY PARTNERSHIPS

100+
community partners

\$36,500
in medical support from TMCOne

Community Partner Testimonials

“I really enjoy working with the SASIC staff. They are knowledgeable and easy to collaborate with.”

“By far one of the best teams serving refugee in Tucson. I commend them!”

As SASIC concludes, its legacy is clear: stronger individuals, stronger partnerships, and a stronger, more connected Afghan community in Tucson.



A special thanks to the amazing people on the SASIC Team who made this program possible.

SASIC Team: Arif Muhammad, Ahmad Omid Rahimi, Anna-Lise “Annie” Kunz, Joelle Zuberi, Neda Ardebili, and Molly Bryan

2025 Highlights

Income



82%

income from grants
and contracts



17%

income from
donations



1%

other
sources

Expenses



80%

services



18%

administrative costs



2%

development

Highlights



2,038
individuals served



56%
low-income



16%
Jewish clients



20%
older clients



Thank you to our partners for making our work possible.



JFCS is a proud partner of Jewish Philanthropies of Southern Arizona



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