

LEAH presents

Healthy Relationship inside the Household:

Surviving to Thriving

Thursday
April 8, 2021

from 12 to 1pm MST

FREE Virtual Workshop via Zoom

Visit bit.ly/LEAH_SurvivingtoThriving
to register for the Virtual Zoom
Workshop online

As the COVID-19 Pandemic unforgivingly ravaged the globe and surprised the whole world, many suffered the impacts of this global crisis and deadly disease. People were urged to socially distance themselves, work from home and isolate, suffering loss of jobs, health, and sadly loss of life. The impact can be felt across the lifespan. In addition to loss, individuals and families experienced high levels of anxiety, grief, disconnection, relational tension, and imbalance and continue to suffer from anticipatory loss, grief and uncertainty. This workshop will focus on the overall impact of the pandemic, provide an explanation of grief manifestation across the lifespan, and its effects on interpersonal relationships. Further, the presenter will discuss culturally appropriate strategies and interventions to improve relationships and offer resources to promote healing and growth during these uncertain times.



Presenter: Dr. Marcela Kepic

Dr. Marcela Kepic is an associate professor of practice in the Disability & Psychoeducational Studies Department in the College of Education at the University of Arizona. She is a Licensed Professional Counselors in the state of AZ, NJ, VA, and DC and an Approved Clinical Supervisor. Her expertise is in human development across the lifespan. Her research agenda includes post-traumatic growth, life satisfaction and wellness of those who experience loss and grief, and caregiving trajectories. Dr. Kepic is a member of several national and international professional organizations, contributes to peer-reviewed publications, and presents at national, international, and state conferences. She serves at the national level on the Association for Adult Development and Aging, a division of ACA, and is a proud board member of the Arizona Counseling Association. Dr. Kepic maintains her private practice and is a passionate educator, supervisor, and mentor.

For questions or more information please contact Irene Gelter at igelter@jfcstucson.org

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LEAH
Let's End Abusive Households

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