



CHAI Circle
*Cancer, Healing and Inspiration
for Jewish Women*

CHAI Circle Meeting

WHEN: Sunday – January 13th, 2019

TIME: 10:00 a.m. to 12:00 p.m.

Presenter: **Joan-e Rapine, MS, LAC, NCC**, is a licensed mental health counselor, workshop facilitator, international presenter, and former childbirth professional, currently serving the community as a Clinical Therapist at Jewish Family and Children Services. Joan-e has worked for over 30 years with individuals, families and groups of all ages in a variety of settings, from summer camp to inpatient psychiatric/addiction rehab. Joan-e believes in people's ability to heal and achieve a healthy and fulfilling life. She brings her playful and calm personality to her work and presentations.

Lecture: **Self-Discovery Through Clay** - One of my favorite things about modeling clay is its pliability, making it a great tool for working on exploring self and creating change. Join us in an exploration of relationships through clay, examining aspects of the relationship and working toward desired changes. These relationships may be with a partner, a child, a parent, food, an illness, or anything else we may have a relationship with. Creativity not required, only an open mind and curiosity.

LOCATION: J.C.C., Library (upstairs) - Please RSVP to Irene Geffer at 795-0300 ext. 2271, or e-mail: igeffer@jfcstucson.org

General Information: CHAI Circle is a group for women with cancer in the Jewish community who have been newly diagnosed with cancer or who are long-term survivors. There is no charge for the group. The goals are education, mentoring, socialization, spirituality and support. CHAI Circle is a program of Jewish Family and Children's Services.